

RADIX Adventures Packing List

We're so excited that you're joining us for a RADIX expedition! In this document, you will find the items that you need to stay comfortable and safe on one of our backpacking trips.

Our trips take place in a rugged environment, and temperatures can drop below freezing at night. At the same time, participants will have to carry everything they bring in their packs for the entirety of the trip. As such, their gear should be lightweight and compressible, as well as durable and of a high quality.

Participants can expect to get wet, whether from their own physical exertion or from the possibility of afternoon thunderstorms. Gear that can still provide insulation when wet is essential. Cotton clothing should be avoided in preference of wool and synthetic materials. It is also important to bring a breathable rain jacket that can stand up to wear and tear (not a poncho).

That said, many items on our packing list can be found at mass retail stores like Walmart. Participants should not need to 'break the bank' for most of the items they bring. One exception to this may be hiking boots. Participants are least likely to experience discomfort, and at less risk for injury, if they invest in a quality pair of boots that fits them.

RADIX Adventures will rent some of the costlier items at no additional charge. You can see exactly which items are available to rent on the following page. In fact, if participants have any doubt about the quality of their gear we encourage them to rent from us. Contact Matt Wylie for securing a rental.

Participants are only responsible for bringing gear that they will use as individuals. All group gear (gear that is shared between participants) will be provided by RADIX. Gear provided by RADIX includes food, stoves, pots and pans, food storage systems, water purification, tents, and a first aid kit.

Do let us know if you have any questions!

Item	Quantity	Details	Available for rent from RADIX
Clothes			
Synthetic T-Shirt	2-3	Not cotton	
Synthetic Hiking Pants	1-2	Not jeans or sweat pants	
Long-Sleeve Shirt	1-2	Not cotton	
Fleece	1	Wool or synthetic	
Puffy jacket	1		
Underwear	3		
Hiking socks	3	Wool or synthetic	
Hiking boots	1		
Camp shoes	1	Close-toed	
Sun hat/baseball cap	1		
Beanie	1		
Rain jacket	1		* (\$10 for the week)
Rain pants	1		
Larger Items			
Backpack (at least 65L)	1		*
Sleeping bag (rated to 20 degrees)	1		*
Sleeping pad	1		*
Eating and Hygeine			
Bowl	1		
Spoon	1		
Toothbrush/toothpaste	1		
Cup	1		
Miscellaneous			

Water bottles/bladders		At least 3 liters				
Headlamp w/ extra batteries		1			*	
Journal/pen		1				
Sunscreen		1				
Chapstick		1				
Insect Repellent		1				
Watch		1				
Optional						
Pocketknife		1				
Rosary or other prayer items		1				
Small Bible		1				
Book		1				
Camera		1				
Camp chair		1				
Compass		1				
Pack cover		1				